

What is post acute care?

Following a hospitalization for injury or illness, many patients require continued medical care in a specialized facility.

Post acute care services provide an extra level of assistance for people discharged from acute care hospitals. If they experience a complication, it's easier to get them the help they need before the problem worsens. They can also avoid hospital readmission, which helps them heal faster.



Why am I being sent to post-acute care?

Doctors refer patients to these facilities when they:

- still require additional care and support for their recovery
- require close monitoring
- physical therapy
- antibiotic infusions

Weekly care team meetings are established at admission to discuss the ongoing needs of the patient. Information such as current care needs, discharge planning, new modalities, and changes in health status are discussed.

Admission to a post acute care.

What type of patients are admitted to post acute care?

Post acute care is a level of care in which a patient is transitioned from a hospital discharge to facilitate recovery from a prolonged hospitalization, surgery or trauma.

How long do patients stay in post acute care?

It is common for people to stay for 10 to 14 days.

What comes after post acute care?

Many patients will start with a skilled nursing facility and then proceed to an acute rehab facility or home with home healthcare.

What determines the patient's level of care?

The complexity of the diagnosis, and treatment modalities during your hospitalization. For example, complex IV antibiotic infusions, TPN, higher oxygen requirements, and advanced wound care.

CIMA

**CAPITAL INTERNAL
MEDICINE ASSOCIATES**

6903 Brisbane Ct. Suite 100
Sugar Land, Texas 77479

2011 FM 102
Wharton, Texas 77488

cima-docs.com



POST ACUTE CARE

**We are here to help you
feel better, on your terms.**

**We know that choosing where to
receive care after a life-altering
injury or illness is an important
decision for you and your loved ones.**

**When you choose CIMA, you will
receive seamless, compassionate
care and an individualized treatment
plan to help you meet your goals to
regain your quality of life.**



CIMA

**CAPITAL INTERNAL
MEDICINE ASSOCIATES**

For more information or to make an
appointment upon discharge, please call:

(832) 886-4774

1 LONG-TERM ACUTE CARE

Kindred Hospital of Sugar Land
1550 First Colony Blvd
Sugar Land, TX 77479

2 ACUTE REHABILITATION

Encompass Health Rehabilitation
Hospital of Sugar Land
1325 Hwy 6
Sugar Land, TX 77478

PAM Health Rehabilitation
7622 Brandford Place
Sugar Land, TX 77479

Kindred Hospital of Sugar Land
1550 First Colony Blvd
Sugar Land, TX 77479

3 ASSISTED LIVING

The Village at Sugar Land
2100 Village Living Court
Sugar Land, TX 77479

Inspired Living Sugar Land
6400 Oilfield Road
Sugar Land, TX 77479

Clayton Oaks Living
21175 SW Freeway
Richmond, TX 77469

Reliable Oaks Assisted Living
11750 Padon Road
Needville, TX 77461

Elmcroft of Wharton
1930 Briar Lane
Wharton, TX 77488

Meridian Assisted Living
3515 West Loop 2765
El Campo, TX 77437

POST ACUTE FACILITIES

4 SKILLED NURSING FACILITIES

Houston Transitional Care
8550 Jason St.
Houston, TX 77074

Park Manor Westchase
11910 Richmond Ave.
Houston, TX 77082

Sugar Land Healthcare Center
333 Matlage Way
Sugar Land, TX 77478

The Cresent
11353 Sugar Park Lane
Sugar Land, TX 77478

Paradigm at First Colony
4710 Lexington Blvd.
Missouri City, TX 77459

Windsor Quail Valley
3640 Hampton Dr.
Missouri City, TX 77459

Chelsea Gardens
4422 Riverstone Blvd.
Missouri City, TX 77459

Park Manor of Quail Valley
2350 FM 1092 Rd.,
Missouri City, TX 77459

The Medical Resort at Sugar Land
1803 Westcott Ave
Sugar Land, TX 77479

West Houston Rehab & Healthcare
13428 Bissonnet St.
Houston, TX 77083

Cambridge Health & Rehab Center
1106 Golfview Dr.
Richmond, TX 77469

4 SKILLED NURSING FACILITIES

Brazosview Healthcare Center
2127 Preston Street
Richmond, TX 77469

OakBend Skilled Nursing Facility
1705 Jackson Street
Richmond, TX 77469

Fort Bend Healthcare Center
3010 Bamore Road
Rosenberg, TX 77471

Richmond Health Care
705 Jackson St.
Richmond, TX 77469

Rosenberg Health & Rehab Center
1419 Mahlmann Street
Rosenberg, TX 77471

Wharton Nursing and Rehab
1220 Sunny Lane
Wharton, TX 77488

Paradigm at The Prairies
106 Del Norte Dr.
El Campo, TX 77437

Paradigm at The Creek
1405 Valhalla Dr.
Wharton, TX 77488

**SCAN THE QR CODE TO
CONNECT WITH THE DOCTOR.**

